

CHEERLEADING GUIDELINES

FOR GRADES 4-5-6 INDOOR SPORTS

- 1) NO CHEERLEADERS ARE PERMITTED ON THE GAME FLOOR PRIOR TO A GAME OR DURING THE ACTUAL PLAYING TIME OF A GAME.
- 2) DURING THE ACTUAL PLAYING OF A GAME, CHEERLEADERS MUST BE SEATED IN THE BLEACHERS WITH THE OTHER SUPPORTERS OF THEIR TEAM. NO STANDING IS PERMITTED BUT THE SPONTANEOUS REACTION TO GREAT PLAYS IS PERMITTED. CHEERLEADERS MUST CONTINUE TO ABIDE BY THE SPORTSMANSHIP RULES.
- 3) CHEERLEADERS MAY GO ON THE PLAYING FLOOR BETWEEN QUARTERS OR AT THE HALF TIME INTERMISSION TO DO A CHEER OR PERFORM A SHORT ROUTINE BUT MUST LEAVE THE ACTUAL PLAYING FLOOR WHEN THE PLAYERS ENTER THE PLAYING SURFACE.
- 4) CHEERLEADERS MAY NOT USE ANY GAME SITE TO PRACTICE CHEERS OR ROUTINES AND MAY NOT USE THE LOCKERROOMS AT A GAME SITE TO DRESS OR HAVE SQUAD MEETINGS .
- 5) IN THE EVENT THERE ARE TWO CHEERLEADING SQUADS (OPPOSING SQUADS) AT A GAME, THE HOME TEAM WILL GO FIRST AT THE 1-2 QUARTER BREAK AND THE VISITORS WILL HAVE THE 3-4 QUARTER BREAK. EACH CHEERLEADING SQUAD IS PERMITTED APPROX. 1:30 AT HALF TIME WITH THE VISITORS PERFORMING FIRST FOLLOWED BY THE HOME TEAM. UNDER NO CIRCUMSTANCES SHOULD BOTH SQUADS BE DOING CHEERS OR ROUTINES ON THE FLOOR AT THE SAME TIME.
- 6) IF THERE IS ONLY ONE CHEERLEADING SQUAD AT A GAME THEY MAY UTILIZE AS MANY QUARTER BREAKS FOR CHEERS AS THEY WISH.

VIOLETATIONS TO THE ABOVE GUIDELINES CAN AND WILL BE DEALT WITH SEVERELY. (INCLUDING THE SUSPENSION OF A SQUAD FOR ONE OR MORE GAMES).

THESE GUIDELINES DO NOT APPLY TO OUTDOOR SPORTS OR TO VARSITY AND JV INDOOR GAMES. HOWEVER, IF IN AN UNUSUAL OCCURRENCE , A VARSITY OR JV GAME IS PLAYED ON A SMALL FLOOR, THE DRA HAS THE RIGHT TO IMPLEMENT THESE RULES OR GUIDELINES FOR SUCH GAME.